

Schedule

The intent of Arsenal Spring will be for wrestlers focused mainly on situational and live wrestling, with drilling to prepare wrestlers for PJW's, MAWA's and end of year competition.

Arsenal Mini Session – Weekly beginning 2/13 for 4 weeks

Wednesdays – February 13, 20, 27 & March 6

6:30-8p @BTC

\$10 drop in (pay at practice)

Can also select Package which includes Mini + Spring session.

Spring Arsenal 3/12 – 5/5 (Eastern Nationals)

Arsenal will be split into 2 sessions by Grade Level and adding 9th – 12th grade.

- 1st – 6th grade 6p – 7:15p
- 7th – 12th grade 7:30p – 9p

Tuesdays & Thursdays beginning March 12 @BTC & run through Eastern Nationals weekend. 9th – 12th graders have the option of selecting the package through 5/27.

Events Included with Registration:

Iron Man Duals- 4/14 (both HS and K-8 are on Sunday this year)